

MASSAGE THERAPY PROGRAM

Basic Program Information

- ✚ Credential: Diploma
- ✚ Duration: 2 Years
- ✚ Delivery: Full Time

Program Intake Information

- ✚ Winter 2023
- ✚ Fall 2022

APPLY NOW!

Program Overview

The ACM College Massage Therapy Program is a comprehensive 2-year Diploma Program designed to equip its graduates with therapeutic techniques and skills to enter and competently work within the massage therapy profession. Through a rigorous academic training and a hands-on experiential learning, students learn to work collaboratively with a diverse healthcare team to effectively contribute to the health and wellbeing of clients by performing such tasks as patient assessment, development of treatment plans, and delivery of safe and effective treatment. Upon successful completion of the Massage Therapy Diploma Program, you will qualify for position in a variety of establishments, including health clinics (i.e. physiotherapy, massage, acupuncture and chiropractic clinics), hospitals and long-term care homes, health and fitness clubs, and health spas. The program also prepares graduates to initiate and run a successful business.



Career Opportunities

Upon successful completion of the Massage Therapy Diploma Program, the graduates will qualify for position in a variety of establishments, including health clinics (i.e. physiotherapy, massage, acupuncture and chiropractic clinics), hospitals and long-term care homes, health and fitness clubs, and health spas. Graduates learn to develop and maintain a therapeutic relationship with clients and to develop, implement and evaluate the effectiveness of a plan of care to achieve treatment goals. The program also equips graduates with business principles to initiate and run a successful massage therapy practice.

Admission Requirements

All applicants must have the following:

- ✚ Grade 12 Diploma or Mature Student (19 years old)
- ✚ English Language Proficiency Requirement (*see details below*)
- ✚ Grade 12 Math or equivalent with a minimum score of 65%
- ✚ A Grade 12 science (Biology, Chemistry or Physics) or equivalent with a minimum score of 65%
- ✚ Admission interview administered by the Massage Therapy Program Coordinator.

Prior to joining the Acupuncture College of Manitoba Massage Therapy, successful applicants must comply with the following requirements:

- ✚ The annual flu vaccine
- ✚ Proof of up-to-date and completed immunizations
- ✚ Evidence of a current Criminal Record Check and both a current Child Abuse and Adult Abuse Registry Check.

English Language Proficiency Requirement

To meet the English language proficiency requirement, the applicant must provide:

- ✚ Proof of graduation from a Canadian high school or post-secondary institution in which English is the language of instruction*
- ✚ **or** Proof graduation from a high school or post-secondary institution in which English is the language of instruction in an English Language Proficiency Recognized Country*

**Further information on Acupuncture College of Manitoba English Language Proficiency Requirements Policy is available [here](#).*

- ✚ Grade 12 English with minimum 70%
- ✚ Canadian Language Benchmark of 7
- ✚ A minimum International English Language Testing System (academic IELTS) overall score of 6.0.

Competencies to be Acquired

As a graduate of the Acupuncture College of Manitoba Massage Therapy Program you will gain the following competencies:

- ✚ Conduct a massage therapy practice* within a legal, professional and ethical framework.
- ✚ Apply business principles relevant to a massage therapy practice
- ✚ Communicate and collaborate effectively and professionally with clients, colleagues and members of the interprofessional team.
- ✚ Develop and maintain therapeutic relationships* to optimize clients' health and wellness.
- ✚ Collect and assess clients' information* to determine their state of health and the treatment goals.
- ✚ Develop a plan of care according to the client's condition and the treatment goals.
- ✚ Implement the plan of care according to the client's condition and the treatment goals.
- ✚ Evaluate the effectiveness of the plan of care
- ✚ Maintain documentation securely, accurately and in a timely manner.

- ✚ Develop and implement ongoing effective strategies for personal and professional development to ensure quality care.

Course Outline

Year 1 – Semester 1 (September 2022- December 2022)		Hours
MSGT 100	The Role of a Massage Therapist	40
MSGT 101	Anatomy	120
MSGT 102	Medical Terminology	20
MSGT 103	Basic Theory	135
MSGT 104	Massage Therapy Practice 1	45
MSGT 105	Clinical Anatomy	100
Year 1 – Semester 2 (January 2023- April 2023)		
MSGT 106	Physiology	120
MSGT 107	Massage Therapy Practice 2	45
MSGT 108	Nutrition and Exercise Physiology	40
MSGT 109	Communication and Human Behaviour	40
MSGT 110	Diagnosis	110
Year 1 – Semester 3 (May 2022- August 2022)		
MSGT 111	Pathophysiology 1	70
MSGT 112	Religious and Cultural Concepts	15
MSGT 113	Massage Therapy Practice 3	45
MSGT 114	Ethics and Jurisprudence	40
MSGT 115	Clinical Assessment 1	60
Year 2 – Semester 4 (September 2022- December 2022)		
MSGT 200	Pathophysiology 2	70
MSGT 201	Research Concepts	30
MSGT 202	Massage Therapy Practice 4	45
MSGT 203	Therapeutic Exercise	30
MSGT 204	Clinical Assessment 2	60
MSGT 205	Clinical Practice 1	45
Year 2 – Semester 5 (January 2023- April 2023)		
MSGT 206	Infant Massage	60
MSGT 207	Massage Therapy Practice 5	45
MSGT 208	Sports Massage Therapy	55
MSGT 209	Advanced Exercise Therapy	45
MSGT 210	Clinical Practice 2	45
Year 2 – Semester 6 (May 2023- August 2023)		
MSGT 211	Business Concepts for Massage Therapists	55
MSGT 212	Massage Therapy Practice 6	45
MSGT 213	Acupressure Massage	155
MSGT 214	Remedial Exercise	50
MSGT 215	Practicum/Outreach	320
Total Program Hours		2,200