

How does Acupuncture Work?

Acupuncture is an ancient healing practice which has its roots in Traditional Chinese Medicine (TCM). A trained Acupuncturist inserts in specific points on the skin a thin needle. It's primarily used to relieve pain, but also has been used to treat other internal diseases. According to the theories of TCM, disease is caused by an imbalance in the body. Acupuncture can effectively restore the harmony of the body leading to optimal health.

How does Acupressure Work?

Acupressure is a Chinese massage that uses specific techniques in different areas of the body and is often used in conjunction with Acupuncture. Acupressure is based on the concept of vital energy which flows through 'channels' in the body. During treatment, physical pressure is applied to acupuncture points or trigger points with the aim of clearing blockages in those channels. Pressure may be applied by hand, elbow, or with various devices



ACUPUNCTURE COLLEGE OF MANITOBA

PROGRAMS

TCM Practitioner Diploma (4 years)

This program instructs students in the art of creating individualized Chinese Herbal combinations, Acupuncture, Acupressure, and prescribe pre-made Chinese Herbal Formulas.

Acupuncture Diploma (3 years)

This program will prepare students to practice Acupuncture, Acupressure and prescribe pre-Made Chinese Herbal Formulas.

Acupressure Diploma (2 years)

The Acupressure, or 'TuiNa', course will teach students the concepts, principles and various techniques of Chinese Massage, and how to combine treatment with Pre-made Chinese Herbal Formulas.

Chinese Herbalist Certificate (1 year)

The Chinese Herbalist Courses will instruct students the art of herbal preparation and administration. Upon completion, graduates will have a thorough understanding in the use of Chinese Herbs.

Home Support Worker Certificate (8 Weeks)

Learn the roles and responsibilities of a home support worker and develop the ability to establish supportive relationships, promote independent living, prevent the spread of disease and provide nutritional support.

Massage Therapy Diploma (2 years)

This comprehensive 2 year Diploma program is designed to equip its graduates with therapeutic techniques and skills to enter and competently work within the massage therapy profession.

Information on programs can be found on-line

www.acm-tcm.com

acm202001@gmail.com

ACUPUNCTURE COLLEGE OF MANITOBA



1112 Notre Dame Ave

204 . 691 . 1888

Clinic Hours

Monday - Friday
10am to 7pm

Saturday
10am - 4pm

TREATMENT OPTIONS

Initial Consultation: \$30

Acupuncture \$70
(approx 30 minutes)

Acupressure (TuiNa)
30 minutes \$45
1 hour \$75

Cupping
session \$25

Guasha
30 minutes \$45
1 hour \$75

Remedial Massage
30 minutes \$55
1 hour \$85
1.5 hours \$115

STUDENT PRICING

Enjoy a treatment from an ACM student at a reduced rate

Initial Consultation: Free

Acupuncture \$40
(approx 30 minutes)

Acupressure
1 hour \$40

Remedial Massage
30 minutes \$20
1 hour \$40
1.5 hours \$60

Taxes where applicable

Ask About Our Specialized Treatment Plans

ACUPUNCTURE COLLEGE OF MANITOBA CLINIC STAFF



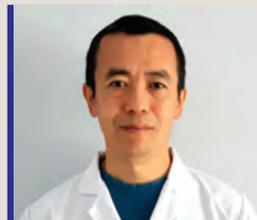
Wu PengYuan
R.Ac., TCMP

Coming from a family of Western Doctors, health care has always been an important part of my life. I focus my practice on relieving the manifestations of pain and the secondary symptoms that arise. I look forward to helping you.



Yu Wenmin (Gery)
R.Ac.

The focus of my care comes from the combined techniques of Chinese Massage, Acupuncture, and Moxibustion. I've successfully helped patients suffering from insomnia, GI issues and pain, and would like to help you as well.



Tong Wang
R.Ac., TCMP

TCM recognizes that we are all unique and functions to facilitate the free flow of Qi by correcting imbalances in order to resolve the problems causing the symptoms. This is the principles I apply in my practice



Ainsley Gerrard
R.Ac.

First I address your symptoms, then work to identify and treat the root cause in order to lessen or prevent the symptoms from occurring in the first place. My treatment goal is to improve the quality of your life.



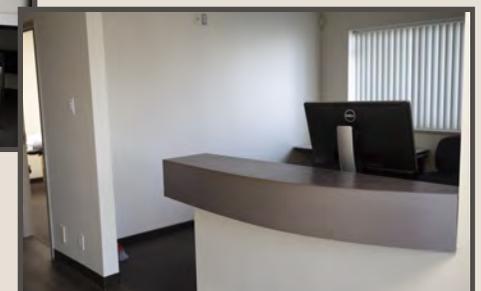
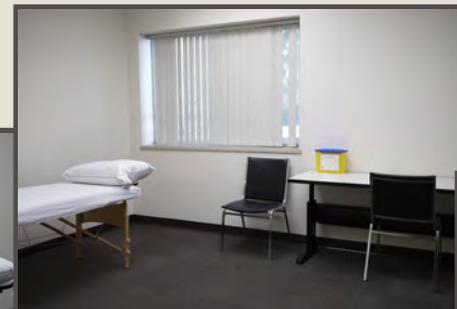
Jianmin (Jenny) Xing
R.Ac., TCMP

My treatments use a combination of Chinese herbs, acupuncture, cupping and nutritional advice to assist you with pain, allergies, hemophilia, facial paralysis, digestion, infertility, menstruation concerns and IVF



Gina Granberg
RMT

As well as being a RMT, I also practice Cranio-Sacral therapy, Reiki, Reflexology, Myofascial Release, Fertility massage and both pre and post natal massage.



All R.Ac. and TCMP clinic staff are members of the Chinese Medicine and Acupuncture Association of Canada (CMAAC), and the Traditional Chinese Medicine and Acupuncture Association of Manitoba (TCMAAM)